



practices to perform at your best.

Sophie McCarthy, CEO

Springboard is our short, high impact program that clarifies goals, builds self-awareness and improves your performance. The Hogan Leadership Assessment is a powerful tool that gives you a deeper understanding of your strengths, drivers, values and derailing behaviours.

The coaching sessions explore these insights and enable you to reflect, focus and plan for the rest of the year.

## SPRINGBOARD 2024 INCLUDES

- A Hogan Leadership Assessment including detailed reports and 1.5hr insights debrief with a coach: building self-awareness, and a plan around leadership strengths, behaviours and challenges
- Three tailored coaching sessions one-on-one guidance on goals, performance or work challenges
- Personalised matching, organisation briefing and expert support from McCarthy Mentoring
- Virtual delivery from anywhere in the world

"Starting the year with clarity, confidence and practical tools to draw on sets you up for a successful and sustainable year ahead. We work with people leading complex organisations in infrastructure, community services, energy and finance and we all benefit from a reset each year. Let's continue 2024 ready for anything!"



McCarthy Mentoring is a leadership development organisation that has inspired and developed leaders for 20 years. We partner with prominent organisations across the corporate, government and not-for-profit sectors to deliver tailored programs that improve performance and drive change.

Contact us now for a quote to commence your program